Clinical Trials
USRF is a major resource for important clinical trials

Economy
In a highly academic but very budget-minded setting, USRF has been structured and staffed to provide the most cost-effective clinical trials available for the pharmaceutical and medical device industry.

Efficiency
Study enrollment is facilitated by a large, active patient base in the associated medical practice, which the director has continuously operated in the same location for more than 20 years. Moreover, USRF is centrally located in the densely populated Metropolitan Los Angeles area, with an abundance of available patients.

Experience
USRF has participated in more than 25 sponsored clinical trials all focused on urology. In addition, independent studies, sponsored directly by the Foundation, have led to a number of publications in the peer-reviewed literature and presentations at major medical meetings.

Recent Sponsors
Among the companies recently sponsoring clinical research at USRF are:

- Alza
- Endocare
- Diagnostic Ultrasound
- Glaxo Wellcome
- Hybritech division of Beckman/Coulter
- Merck
- Nutrilite division of Amway
- Pfizer
- Pharmacia & Upjohn
- Synthelabo

Dedicated Space and Personnel
The Foundation operates out of a spacious suite of fully equipped offices, where the only work is clinical research. Employees of USRF, including an M.D. clinical research coordinator, only perform urology-related clinical research.

Knowledge of Industry
USRF has frequently partnered with industry sponsors in the design and execution of innovative studies. The director has served as a consultant to urology-related business, both large and small, leading to a keen awareness of industry needs.

Academic Involvement
Dr. Marks is actively involved in the Urology Department at UCLA, where he is Clinical Associate Professor; he serves as Associate Editor of the specialty journal Urology; and he is a national committee member of the American Urological Association. These activities have allowed USRF to develop working relationships with leading academic centers.

Independent Research:
USRF has also completed independent studies in the areas of PSA testing, laser prostatectomy, ultrasonography, prostate tissue composition vs. drug treatment outcomes; we have also done the first U.S. randomized trial of Saw Palmetto extract in men with symptomatic BPH. (Reprint of publications on request.)

Education:
- Peer-reviewed studies completed at USRF are regularly presented before national meetings, such as the American Urological Association.
- In 1998, Dr. Marks was named Associate Editor of Urology, a leading specialty journal in the field.
- A major public service participation in the national Prostate Awareness campaign is currently in preparation.

Research and Education
USRF efforts are directed in three areas:

- Clinical Trials:
- USRF has completed numerous clinical trials for the pharmaceutical and medical device industry. Recent studies include:
  - New oral medications for impotence.
  - New oral medication for incontinence.
  - New medications for advanced bladder and prostate cancer.
  - New antibiotic for prophylaxis of infection after prostate biopsy.
  - New oral medications for prostate obstruction.
  - New laser and vaporization instruments for prostate ablation.

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